



1
BBQ Rib Sandwich
Taco Salad

Steamed Green Beans
Fresh Red Pepper Strips
Fresh Fruit Assortment

2
Homestyle Pizza
Taco Salad

Steamed Broccoli
Fresh Cucumbers
Fresh Fruit Assortment

5
**Pancakes w/
Sausage**
Kickin Pinto Taco Salad

Tater Tots
Fresh Broccoli
Fresh Fruit Assortment

6
**Chicken Nugget w/
Mac Cheese**
Chicken Chef Salad

Steamed Green Beans
Fresh Red Pepper Strips
Fresh Fruit Assortment

7
Chicken Pot Pie
Popcorn Chicken
Salad

Roasted Sweet Potato
Fresh Zucchini
Fresh Fruit Assortment

8
Hot Dog
Mozzarella Salad

Campfire Beans
Fresh Celery
Fresh Fruit Assortment

9
Homestyle Pizza
Egg Caesar Salad

Steamed Spinach
Fresh Baby Carrots
Fresh Fruit Assortment

12
**Oven roasted
Chicken w/ Dinner Roll**
Baja Salad w/ Dinner Roll

Mashed Potato
Fresh Broccoli
Fresh Fruit Assortment

13
**Pasta w/ Meat Sauce
& Dinner Roll**
Chicken Caesar Salad

Steamed Green Beans
Fresh Red Pepper Strips
Fresh Fruit Assortment

14
**Broccoli & Cheese
Potato**
Egg Chef Salad

Steamed Carrots
Fresh Zucchini
Fresh Fruit Assortment

15
**Nachos w/ Mexican
Rice**
Chicken Chef Salad

Refried Beans
Fresh Celery Sticks
Fresh Fruit Assortment

16
Homestyle Pizza
Taco Salad

Steamed Spinach
Fresh Baby Carrots
Fresh Fruit Assortment

19
**Meatloaf w/ Dinner
Roll**
Pizza Chef Salad

French Fries
Fresh Cauliflower
Fresh Fruit Assortment

20
**Popcorn Chicken
Bowl w/ Dinner Roll**
Popcorn Chicken Salad

Steamed Veggie Blend
Fresh Baby Cucumbers
Fresh Fruit Assortment

21
**Inside Out Pasta
Bake w/ Dinner Roll**
Ham Cobb Salad

Roasted Acorn Squash
Fresh Celery Sticks
Fresh Fruit Assortment

22
**Cheese Quesadilla
w/ Mexican Rice**
Chicken Ranch Salad

Campfire Beans
Fresh Baby Carrots
Fresh Fruit Assortment

23
No School



Winter Break



Nutrition Rocks!

There are five food groups!
Choose something tasty from each!

Menu Question?

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Savor the holidays
With a mix of fruits and veggies!!